



Bobby Ansari, M.A., CWP, CCC

Wellness Advisor and Spiritual Care Professional
McGill University
Montréal, Québec

Bobby Ansari is a certified Spiritual Care Professional with the American Association for Clinical Pastoral Education (ACPE) and a Certified Wellness Professional™ (CWP™) through the Wellness Alliance. She holds a bachelor of commerce degree from McGill University and a master's degree from the Johns Hopkins Institute for Medicine, Spirituality, and Trauma Counseling, with advanced training in cultural psychiatry, complex trauma, and integrative care. Her professional experience spans clinical and international settings, including spiritual care roles at Walter Reed National Military Medical Center and Georgetown University Hospital in Washington, D.C., as well as teaching English in Turkey. She has led wellness and outreach programs reaching tens of thousands through the Québec Breast Cancer Foundation and has delivered spiritual wellness training for Employee Assistance Professionals (EAPs) internationally. Bobby has contributed to thought leadership on spiritual wellness through viral articles on the cultural appropriation of yoga, podcast appearances, and published academic work on spiritual wellness tourism in the Himalayas. She is known for creating trauma-informed spaces for individuals navigating spiritual crises, grief, and personal transformation.