



Alex Fettig, CPSP

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Alex Fettig is a benefits professional with expertise in retirement plan governance, regulatory compliance, and strategic benefits management. As Benefits Manager, Retirement, Leave & Disability at BWX Technologies, she supports the company's retirement, disability, and paid leave programs by driving compliance initiatives, overseeing vendor partnerships, improving administrative processes, and enhancing the employee benefits experience across a large, multi-site organization. Prior to joining BWXT, Alex specialized in retirement plan administration and operational compliance, developing internal controls, leading plan correction initiatives, supporting audits and regulatory filings, and translating complex ERISA and plan requirements into practical administrative processes. Her experience spans construction, healthcare, and organizational consulting, giving her a broad perspective on benefits strategy, governance, and operational excellence. Outside of her corporate role, Alex serves as the Executive Director of Birthday Blessings, a nonprofit organization where she oversees governance, financial stewardship, regulatory compliance, and strategic operations. Alex developed a plan specific retirement plan "Fix It" Guide to support internal consistency, strengthen self correction readiness, and enhance day to day plan administration. She holds a Master of Science in Human Resource Management and maintains both the SHRM CP and Certified Plan Sponsor Professional (CPSP) credentials.