



## **Jesse Gavin, Dr.P.H.**

Well-Being Officer  
Baylor College of Medicine  
Houston, Texas

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Dr. Jesse Gavin serves as the well-being officer for Baylor College of Medicine (BCM). Since implementing its well-being initiative in 2014, BCM has won numerous awards, including the 2018 WELCOA Well Workplace Award, 2019 C. Everett Koop Award Winner, and 2023 C. Everett Koop Award Honorable Mention, and is routinely among the nation's Healthiest Employers Top 100. Jesse received a doctorate degree in public health from UTHHealth School of Public Health in 2025. Beyond BCM, Jesse actively contributes to the broader well-being community. He serves on the board of The Health Project, chairs the Houston Business Group on Health's Well-Being Forum, and is a committee member for HERO. He is a frequent speaker at national conferences, sharing insights on building healthy workplaces, fostering connection, and reducing burnout. Jesse's work centers on driving structural, theoretical, and cultural change to create sustainable well-being strategies. His leadership blends data-driven innovation with a deep commitment to human-centered design.