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Dr. Jakupcak is a clinical psychologist and researcher. He has studied and treated psychological trauma's impact on physical health and chronic pain, PTSD, and high risk behaviors. He focuses on military veterans, first responders, and young adults. Dr. Jakupcak has published more than fifty peer-reviewed scientific articles and book chapters. He has also presented at over sixty national and regional conferences and workshops. He received his bachelor's degree from the University of Montana and his doctorate in clinical psychology from The University of Massachusetts (UMass), Boston.